



St. Francis of Assisi Parish

Our Parish Guide:

- Parish Information
- Mass Information
- Administration
- Programs
- Ministries / Committees

Revised: 09/12/07

Table of Contents

Parish Information 1-4

Mission Statement	1
Staff & Volunteers	2
Parish Facilities	3
Campus Map	4

Mass Information 5

Administration 6

Finance Council	6
Parish Council	6
School Advisory Commission (SAC)	6
Tithing Committee	6

Programs 7-14

Parish Community Programs

Prayers for Loved Ones	7
Saint Francis Parish 101	7

Outreach Programs

Breakfast Ministry Collection	7
Communion Visitation	7
Funeral Planning	8
Grief Support	8
Healing Prayer	8
Sunday Coffee & Donuts	8

Spiritual Enrichment Programs

Contemplative Prayer	9
Tai Chi Chih Group	9
Taizé Prayer	9

Faith Formation Programs

Bible Study	10
Childcare / Nursery	10
Children's Liturgy of the Word (CLOW)	10
Conscious Living for Men	10
Lending Library	11
Mothers Sharing Faith	11
Secular Franciscans	11
Spiritual Direction	11
Teen Group	12
Thomas Merton Circle	12
WomanPrayer	12
Women's Day Retreat	12
Women's Wisdom Circle	13

Sacramental Programs

Anointing the Sick	13
Christian Initiation for Children (CIC)	13
Infant Baptism Preparation for Parents	14
Marriage Preparation	14
Reconciliation	14
Rite of Christian Initiation for Adults (RCIA)	14

Ministries / Committees 15-24

Building & Grounds Ministries

Church Cleaning Ministry	15
Gardening Ministry	15

Faith Formation Ministries

Adult Faith Formation Advisory Committee	15
Adult Faith Formation: Catechists	15
Children's Faith Formation: Catechists and Aides	16
Library Volunteers	16

Liturgical Ministries

Acolyte	16
Bread Baking Ministry	17
Extraordinary Minister of Holy Communion	17
Lector	17
Linen Ministry	17
Liturgy Planning Team	18
Music Ministry	18
Sacristan	18
Sacred Movement Ministry	18
Sound & Light Ministry	19
Usher / Greeter	19

Outreach Ministries

Breakfast Ministry to the Homeless	19
Communion Visitation Ministry	19
Funeral Planning Ministry	20
Gay & Lesbian Outreach Ministry	20
Healing Prayer Ministry	20
Loaves & Fishes Team	20
Peace & Justice Committee	21
Step Ministry to the Homeless	21
Sunday Coffee & Donut Ministry	21

Parish Council Committees

2008 Centennial Celebration Committee	22
Building and Grounds Committee	22
Communications Committee	22
Election Committee	22
Parish Picnic Committee	22
Saint Francis Parish 101 (SFP101) Committee	23

Sacramental Preparation Ministries

Infant Baptism Ministry	23
CIC Team	23
RCIA Team	23
Wedding Ministry	24

Our Parish Guide and our parish website
are published by the
St. Francis of Assisi Parish Communications Committee

Publisher

Fr. Anthony M. Garibaldi, OFM
Pastor, St. Francis of Assisi Parish

Communications Committee

Fran Anderson

Cathy Chenu-Campbell

Cathy Flores

Joyce Mason

Jerry Moore

Bob Reid

J.D. Warrick

Judy Wegener

www.stfrancisparish.com

Mission Statement

St. Francis Parish is a Catholic Christian Community
building the reign of God.

We value vibrant liturgy and personal prayer
as a way to worship God and celebrate life.

We are an inclusive community
respecting the dignity of all persons
and supporting the journey of each person.

We respond to the command of Jesus to love by
welcoming all, evangelizing, supporting spiritual growth,
and being Eucharist to each other.

Challenged by the Holy Spirit,
we reach beyond ourselves
to care for our neighbors, the poor, the marginalized,
and those alienated by our Catholic Church.

We aspire to be witnesses and prophets
advocating for justice in the world and in the church.



Parish Information

Staff & Volunteers

Parish Offices: 1066 26th Street, Sacramento, CA 95816 Office Hours: M-F, 9-5
Phone: (916) 443-8084 FAX: (916) 443-7356 Website: <http://www.stfrancisparish.com>

Pastor	Anthony Garibaldi, OFM	x100	AnthonyG@stfrancisparish.com
Pastoral Associate	Peggy Chambers, OMC	x103	PeggyC@stfrancisparish.com
Director of Outreach	Kay Skonieczny	x111	KayS@stfrancisparish.com
Youth Director	Georgie Saydak	x112	GeorgieS@stfrancisparish.com
Liturgy Coordinator	Deborah Jones	x109	DeborahJ@stfrancisparish.com
Music Director	James Swan, OFM	x106	JamesS@stfrancisparish.com
Assistant to the Pastor / Administrative Assistant	Fran Anderson	x102	FranA@stfrancisparish.com
Plant Manager	Joe Prassa	x107	JoeP@stfrancisparish.com
Bookkeeper	Jacquie Embs	x104	JEmbs@stfrancisparish.com
Office Assistant	Pam Caballero	x105	PamelaC@stfrancisparish.com
Receptionist	Virginia Milton		
Infant Baptism Coordinator	Carol Spinella	x275	InfantBaptism@stfrancisparish.com
Library Coordinator	Pat Pavone		Library@stfrancisparish.com
Membership Coordinator	Barbara Bucher	x210	Membership@stfrancisparish.com
Parish Council	Bob Reid	x119	ParishCouncil@stfrancisparish.com
RCIA Contact	Mary Kuvakos	x227	RCIA@stfrancisparish.com
Teen Group Coordinators	Ann Smith/Chuck Teixeira		TeenGroup@stfrancisparish.com
Wedding Coordinator	Mary Brown	x110	Wedding@stfrancisparish.com

Parish Facilities

Restrooms

Location: in the breezeway between the Church and the Friary.

Brunsmann Hall

Location: behind the Church

Capacity: 200

Full Kitchen

20 round tables (5 feet in diameter), each table can seat 8 people

10 rectangular tables

Ideal for: Wedding Receptions, Rehearsal Dinners,
Anniversary Parties, and other Large Social Events
requiring a large space.

Assisi Room

Location: in Brunsmann Hall (behind the Church)

Classroom setting

Seats: 40 people

10 rectangular tables

Ideal for: Lectures, Group Meetings, and Training Classes

St. Clare Chapel

Location: in the breezeway between the Church and the Friary.

Parish Center

Location: across K street from the Church

Parish Center Chapel

Located in the Parish Center (across K Street from the Church)

Seats: 80 people

Altar and Piano

Ideal for: Prayer/Meditation Groups and Retreats

Parish Center Parlor 1 (PC1)

Location: in the Parish Center (across K Street from the Church)

Seats: 15 people

Ideal for: Small Group Meetings

Parish Center Parlor 2 (PC2)

Location: in the Parish Center (across K Street from the Church)

Seats: Several people

Ideal for: Spiritual Direction

Parish Center Parlor 3 (PC3)

Location: in the Parish Center (across K Street from the Church)

Seats: 4-6 people

Ideal for: Small Group Meetings

Parish Library

Location: in the Parish Center (across K Street from the Church)

Seats: 15 people

Ideal for: Meetings

Parish Center Dining Room

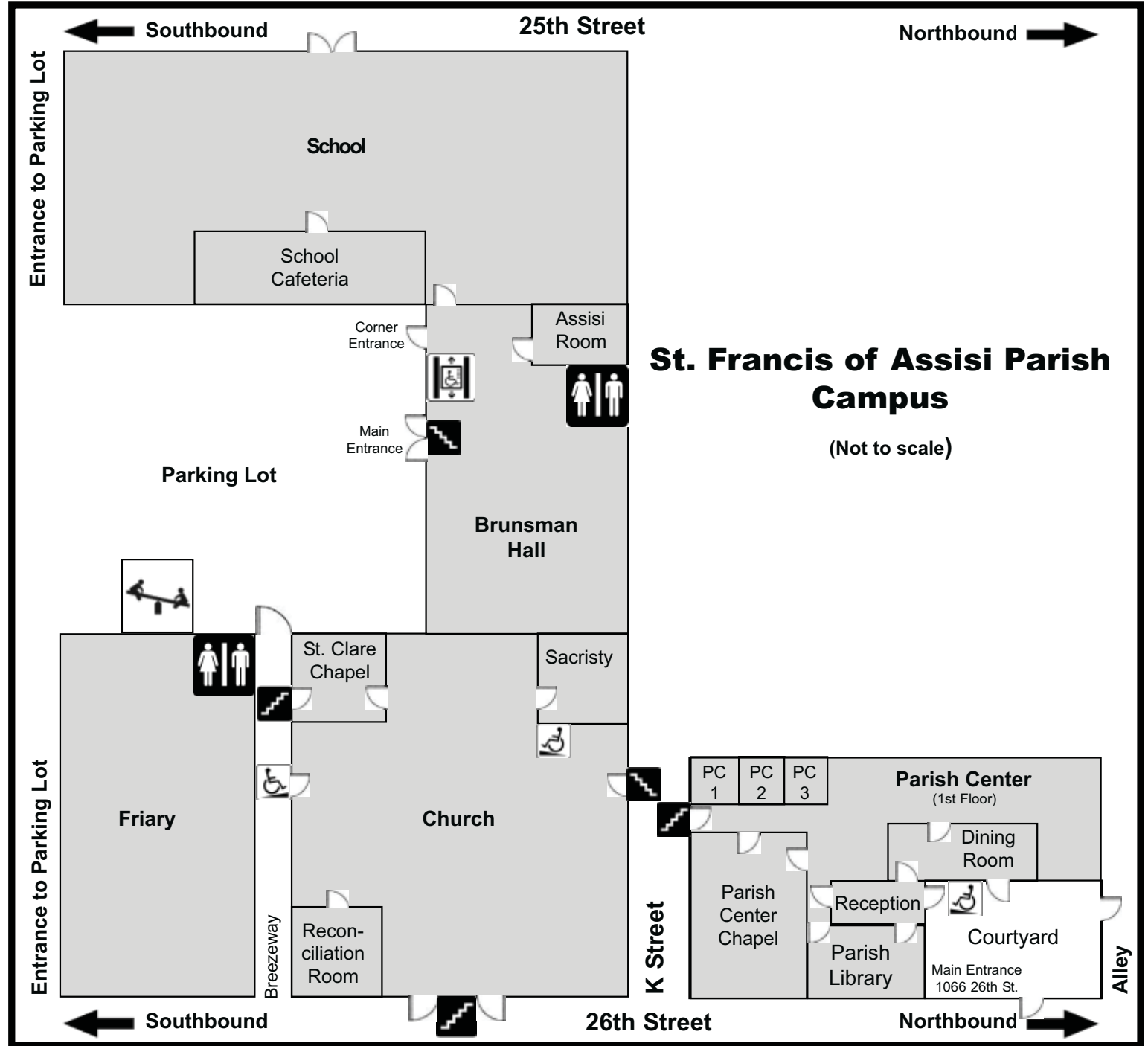
Location: in the Parish Center (across K Street from the Church)

Seats: 15-20 people at two tables

Ideal for: Small Group Meetings/receptions

Parish Information

Campus Map



Saturday Vigil Mass

5:15PM Eucharist, Choir or Cantor

Sunday Masses

7:30AM Eucharist, Cantor and Piano

9:30AM Eucharist, Choir

12 Noon Eucharist, Cantor and Piano
or Contemporary Choir

Weekday Masses

Monday-Friday

12:10PM Eucharist, St. Clare Chapel
(located in the breezeway
between the Church and the Friary)

**Weekend and Holy Day
Liturgies**

Our liturgies are vibrant and welcoming,
nurturing people’s spirituality and
deepening their faith:

- A warm greeting at the doors
- Art and environment that nurtures our prayer
- Freshly baked Eucharistic bread
- Simply but beautifully adorned altar & ambo
- Special dramatic presentations of the Word
- “Singable” and spirit-filled music
- Committed use of inclusive language
- Innovative incorporation of sacred movement
- Challenging and affirming homilies
- Dedicated service of well-trained ministers

During Sunday 9:30AM Mass

**Children’s Liturgy of the Word
(CLOW)**

We invite your children
(K-6th grades) to participate in
our CLOW program at
9:30AM Mass.



Children are dismissed just after opening
prayers and go with an adult presider to the
Parish Center Chapel to hear the Word
proclaimed and explained in more
age-appropriate language. During CLOW our
children’s choir sings. The children return
during the Preparation of the Gifts.

No registration is required, and it’s free.

Child Care / Nursery

If you have a toddler
(1-3 yrs old) and attend
9:30AM Mass, you may wish
to check out our Parish
Co-Op Nursery in the “Nap Room” in the
adjoining St. Francis Elementary.



Free Childcare is provided by adult and
teen volunteers.

Our Nursery program runs all Summer,
except for holiday weekends (Memorial Day,
Father’s Day, July 4 and Labor Day).

For more information on these children’s programs contact:
Georgie Saydak at (916) 443-8084 x112 or GeorgieS@stfrancisparish.com

After Sunday 9:30AM Mass



Coffee & Donuts

Please join us for
coffee and donuts
in Brunsman Hall
(behind the Church).
All are welcome!

After All Masses

Healing Prayer

After all Masses:
Saturday & Sunday
Healing prayer ministers
are available to pray for
and with you at the doors of our Church
after all Masses. They may be identified
by their badges.



Administration

- **Finance Council**

Meets: 3rd Tuesdays, 6PM
Location: Parish Center

Advises the pastor on parish finances. Finance Council members are appointed by the Pastor.

More Info: Fr. Anthony Garibaldi, OFM, Pastor
(916) 443-8084 x100 or AnthonyG@stfrancisparish.com

- **Parish Council**

Meets: 2nd Tuesdays, 7PM
Location: Brunsman Hall

A body of committed parish members with varied perspectives, skills, and talents. Acting as stewards of the parish, the Council's ministry is to envision, plan, and implement policies and activities that assist the Pastor in enabling Gospel ministry in the Franciscan tradition.

The Council desires to encourage full participation in the life of the parish and to demonstrate that transparency and collaboration are possible and desirable in today's church.

Council members are elected by registered parishioners.

Refer to the "**Meet Your St. Francis of Assisi Parish Council**" brochure for more details on the parish council.

More Info: ParishCouncil@stfrancisparish.com



- **School Advisory Commission (SAC)**

Meets: 2nd Thursdays, 5:30-7:30PM

The SAC aspires to become a credible and effective forum for an engaged school and parish community working collaboratively to achieve excellence at St. Francis of Assisi Elementary School.

Guided by Franciscan values, the SAC advises the pastor and school principal of opportunities and goals regarding: Planning, Policy Development, Finances, Facilities Management, Marketing and Development.

These opportunities and goals strengthen the faith formation, educational programs, and environment for students, and in fulfillment of this mission, the SAC will reinforce the partnership which exists between the parents, school, and parish.

More Info: Michael Ochoa, Chair at MNKOchoa@pacbell.net

- **Tithing Committee**

Meets: Quarterly

As part of its stewardship to the larger community, our parish gives \$6,000 annually to organizations whose missions are compatible with our parish mission statement. The committee meets to determine recipients.

More Info: Fr. Anthony Garibaldi, OFM, Pastor
(916) 443-8084 x100 or AnthonyG@stfrancisparish.com



Parish Community Programs

• Prayers for Loved Ones

If you have:

- Loved ones serving in the Armed forces
- Loved ones who are sick
- Loved ones who have died

and would like your parish community to pray for them, please call the Parish Office: (916) 443-8084.



Their names will be listed in the bulletin.

Names of those serving in the Armed Forces will also be added to the display in the Church.

• Saint Francis Parish 101 (SFP101)

When: 3 times per year

These gatherings provide a welcome and introduction to the parish.

They provide:

- a welcome and introduction to the parish
- an opportunity to meet parish staff
- an opportunity & other parish members, old & new
- an opportunity to learn about parish programs & ministries

All are welcome - especially new parishioners!

More Info: Barbara Bucher, Membership Coordinator
(916) 443-8084 x210 or Membership@stfrancisparish.com

Outreach Programs

• Breakfast Ministry Collection

When: 1st Weekend

Help stock the pantry for our Breakfast Ministry the 1st weekend of every month. Items needed include: cereal, individual juice boxes, granola bars, peanut butter or cheese crackers. Donations can be dropped off at the Parish Center M-F, 9AM-5PM or in the carts provided at Mass on the first weekend of every month.



Financial support is needed, welcome and appreciated.

The green envelopes in the racks in the back of the church are for this purpose.

More Info: Kay Skonieczny, Director of Outreach
(916) 443-8084 x111 or KayS@stfrancisparish.com

• Communion Visitation

Members of our Communion Visitation Ministry are available to bring Communion to those who are homebound.

If you know of anyone who is homebound and unable to attend Mass, and who would like one of our communion ministers to visit, please contact:

Kay Skonieczny, Director of Outreach
(916) 443-8084 x111 or KayS@stfrancisparish.com



Programs (ctd.)

Outreach Programs (ctd.)

- **Funeral Planning**

We provide assistance in planning: Funerals, Memorial Services, Rosaries and Vigils that reflect the rich liturgical tradition of the parish.

Members of the Funeral Planning Ministry help parishioners and their families select appropriate scriptural readings, prayers and music that have special significance for them. During this challenging time, they also arrange for musicians and vocalists, work with funeral homes and cemeteries, and provide support to the family and friends of those who have died.

More Info: Kay Skonieczny, Director of Outreach
(916) 443-8084 x111 or KayS@stfrancisparish.com

- **Grief Support**

Coping with the death of a loved one is one of the hardest things we have to do in life. Our grief support program, "Grief, Gratitude & Grace", is a 4-week series that addresses this journey of loss and healing. The series is offered on Mondays in February, June, and October.



The series provides an opportunity for those who have experienced the death of a loved one to join with others in a loving, healing environment to share their stories and experience.

In addition to the sharing, each evening includes information on coping with grief, the tasks and characteristics of grief, reading lists, ritual and prayer.

To reserve a space for the series or to seek individual assistance for the grieving process, contact: Kay Skonieczny, Director of Outreach
(916) 443-8084 x111 or KayS@stfrancisparish.com

- **Healing Prayer**

When: After all Masses Saturday & Sunday

Healing prayer ministers are available to pray for and with you at the doors of our Church after all Masses. They may be identified by their badges.



- **Sunday Coffee & Donuts**

When: After 9:30AM Mass
Location: Brunsman Hall

Please join us for coffee and donuts in Brunsman Hall.
All are welcome!



Spiritual Enrichment Programs

• **Contemplative Prayer**

- **Evening Contemplative Prayer**

Meets: Mondays, 6:30PM
Location: Parish Center Chapel

- **Daytime Contemplative Prayer**

Meets: Tuesdays, 1PM (following Noon Eucharist)
Location: St. Clare Chapel

An ancient tradition in the Church, contemplative prayer is a time set apart to rest in God, to open our minds and hearts — our whole being — to God, the Ultimate Mystery, beyond thoughts, words and emotions. Quietly consenting to God's presence and action within, we find our attention may also move outward to discover God's presence everywhere.

All are welcome!

More Info: Sr. Peggy Chambers, OMC, Pastoral Associate
(916) 443-8084 x103 or PeggyC@stfrancisparish.com

• **Tai Chi Chih Group**

Meets: Wednesdays, 5:30-6:30PM
 Saturdays, 9-10AM
Location: Parish Center

Group that gathers for simple, gentle, meditative movement practice that offers physical, mental and spiritual energy that is grounding and uplifting.

New members are welcome! Instruction and encouragement are offered. Please join us for an hour of gentle movement.

More Info: Sr. Peggy Chambers, OMC, Pastoral Associate
(916) 443-8084 x103 or PeggyC@stfrancisparish.com

• **Taizé Prayer**

When: Wednesdays, 6PM
Location: Church

Taizé is a unique form of prayer and mediation using music, readings and silence. Come share this deeply moving experience with us.

All are welcome to participate in this contemplative and spirit-filled service.

More Info: Br. James Swan, OFM, Music Director
(916) 443-8084 x106 or JamesS@stfrancisparish.com



Programs (ctd.)

Faith Formation Programs

- **Bible Study**

Meets: Sundays, 11AM-12PM
Location: Parish Center

Group that explores scripture from various aspects: history, interpretation based on current Bible commentary, application and integration into one's own life.

Format: Presentation followed by discussion.
Be sure to bring your Bible—the more versions, the better.

More Info: Sr. Peggy Chambers, OMC, Pastoral Associate
(916) 443-8084 x103 or PeggyC@stfrancisparish.com



- **Childcare / Nursery**

When: Sundays, 9:30AM Mass
Location: St. Francis Elementary

If you have a toddler (1-3 yrs old) and attend 9:30AM Mass, you may wish to check out our Parish Co-Op Nursery in the “Nap Room” in the adjoining St. Francis Elementary.

Free Childcare is provided by adult and teen volunteers. Our Nursery program runs all Summer, except for holiday weekends (Memorial Day, Father's Day, July 4 and Labor Day).

More Info: Georgie Saydak, Director of Children's Faith Formation
(916) 443-8084 x112 or GeorgieS@stfrancisparish.com



- **Children's Liturgy of the Word (CLOW)**

When: Sundays, 9:30AM Mass (September to mid-May)
Location: Church

Volunteer Lay Presiders “break-open” the Sunday Sunday readings in an age-appropriate way to the children in the Children's Faith Formation program. “Shepherds” guide the children safely to and from the Parish Center Chapel.

More Info: Georgie Saydak, Director of Children's Faith Formation
(916) 443-8084 x112 or GeorgieS@stfrancisparish.com



- **Conscious Living for Men**

Meets: 2nd & 4th Tuesdays, 7-9PM
Location: Assisi Room in Brunsmann Hall

Group of men who explore their lives and the lives of those around them as spiritual quests into the mystery of being, and serve their community with a deeper love and awareness.

Men of all ages are invited to share their stories in this supportive fellowship, as we seek a deeper understanding and appreciation of our life's journey.

More Info: Parish Office at (916) 443-8084 or Info@stfrancisparish.com



Faith Formation Programs (ctd.)

• Lending Library

Hours: Thursdays, 12:30-2:30PM

1st & 3rd Sundays, 8:30-11:30AM

Location: Parish Center

Our Library contains a private collection of 3,000 books, audio and video material for the use of our parishioners. There are materials on bible study, church history, prayer and spirituality, marriage and family, etc.

During library hours, a volunteer is available to help you. The rest of the time, the Library is open on a self-service basis whenever the Parish Center offices are open (M-F: 8AM-5PM).

More Info: Pat Pavone, Library Coordinator at Library@stfrancisparish.com



• Mothers Sharing Faith

Status: Inactive

Mothers of pre-school children are invited to enrich their spiritual life and deepen their faith. Participate with other mothers of young children in a monthly reflection and faith sharing.

More Info: Kay Skonieczny, Director of Outreach
(916) 443-8084 x111 or KayS@stfrancisparish.com



• Secular Franciscans (SFO)

Meets: 3rd Sundays, 1:00PM

Location: Parish Center

The Secular Franciscan Order (SFO) is a union of brothers and sisters, who strive for perfect charity in their own secular state. They seek to encounter the living and active person of Christ in their brothers and sisters, in Sacred Scripture, in the Church, and in liturgical activity.

Franklin Fong, OFM and Larry Dunphy, OFM are Spiritual Assistants to the St. Francis Fraternity of the SFO.

More Info: Parish Office (916) 443-8084 or Info@stfrancisparish.com



• Spiritual Direction

Spiritual direction is the contemplative practice of assisting another in the desire to awaken more fully to the Mystery called God. A person seeking a more conscious connection with God works with a director, usually once a month.

This process focuses on conscious development of the relationship between a person and God. This process might include helping you:

- learn to pray
- notice/respond to the presence, movement & invitation of God in life/prayer
- listen for or notice God's activity
- with discernment for decision-making
- become aware of images of God that influence your relationship
- bringing wounds or life-patterns to God for healing

Spiritual direction is not a counseling/ therapeutic relationship, but many find it to be a helpful companion process to work happening in these other settings.

More Info: Sr. Peggy Chambers, OMC, Pastoral Associate
(916) 443-8084 x103 or PeggyC@stfrancisparish.com

Programs (ctd.)

Faith Formation Programs (ctd.)

- **Teen Group (Grades 9-12)**

Meets: Monthly

Under the guidance of adult volunteers, the group meets once or twice monthly for activities that focus on the unique spiritual and social needs of adolescents. Activities focus on: spirituality, social service and socializing. Past events have included: gathered youth nights, movie nights, community service, retreats, and hiking.

Gathered youth nights weave activities, discussion, and scripture around particular themes, such as friendship, and living as a disciple of Christ. On movie nights, we select contemporary movies with underlying spiritual themes as a vehicle for initiating reflection and discussion about living a Christian life. We encourage Christian service by providing opportunities for teens of our parish to help those in need.

Our group also helps our parish community in ways such as: serving Sunday Coffee & Donuts, serving as Lectors, helping with Children's Faith Formation, and face-painting at Parish Picnic.

Graduating 8th-graders and high-school-age teens are welcome.

More Info: Georgie Saydak, Director of Children's Faith Formation
(916) 443-8084 x112 or GeorgieS@stfrancisparish.com

- **Thomas Merton Circle**

Group that studies & discusses the writings of Thomas Merton, the most widely-published spiritual writer of the 20th Century.

More Info: Parish Office
(916) 443-8084 or Info@stfrancisparish.com



- **WomanPrayer**

Meets: 3rd Sundays, 3-5PM

Status: Inactive



Join other women of St. Francis Parish for special workshops and retreats. Events are usually scheduled for a Sunday afternoon.

Previous events include:

- a study of Deepak Chopra's 7-step program for peace
- a session using music, visualization, poetry and scripture to explore and celebrate the interior life imaged as a garden
- explore the many-layered origins, meanings, and practices of Advent customs and prayers

More Info: Sr. Peggy Chambers, OMC, Pastoral Associate
(916) 443-8084 x103 or PeggyC@stfrancisparish.com

- **Women's Day Retreat**

When: Annually

Location: Brunsman Hall

Annual day long retreat for women.

More Info: Sr. Peggy Chambers, OMC, Pastoral Associate
(916) 443-8084 x103 or PeggyC@stfrancisparish.com

Faith Formation Programs (ctd.)

- **Women's Wisdom Circle**

Status: Inactive

Group of women who explore their lives and the lives of those around them as spiritual quests into the mystery of being, and serve their community with a deeper love and awareness.

Join us as we pray, share with, and support one another, and look for the places God has been and where we are being called.

More Info: Parish Office (916) 443-8084 or Info@stfrancisparish.com



Sacramental Programs

- **Anointing the Sick**

This sacrament is administered individually by appointment.

Communal services for administering this sacrament are usually offered once a year.

Who can receive this sacrament?

Baptized Christians who have any of these conditions:

- Seriously Ill
- Chronically Ill
- Advanced In Years
- Addicted

To schedule an appointment, please call the Parish Office: (916) 443-8084

- **Christian Initiation for Children (CIC)**

Prepares children between the ages of 7 and 16, who are not yet baptized, to receive the Sacraments of Initiation. Children and their families receive weekly catechesis, companionship and support.

CIC is a two-year process, which culminates with:

- Baptism/Profession of Faith
 - Confirmation
 - First Eucharist at the Easter Vigil
- and continues with monthly support of new members.

More Info: Georgie Saydak, Director of Children's Faith Formation (916) 443-8084 x112 or GeorgieS@stfrancisparish.com

Programs (ctd.)

Sacramental Programs (ctd.)

- **Infant Baptism Preparation for Parents**

We assist parents and families in preparation for the Rite of Baptism by guiding them through the communal Baptism liturgy, which occurs during weekend Masses four times per year.



More Info: Carol Spinella, Infant Baptism Coordinator
(916) 443-8084 x275 or InfantBaptism@stfrancisparish.com

- **Marriage Preparation**

Members of our Wedding Ministry meet with couples before their wedding to help in the planning of the ceremony. We attend the rehearsals and walk the couples through the ceremony. We attend the weddings and help the clergy and the couples to ensure a memorable experience.

More Info: Mary Brown, Wedding Coordinator
(916) 443-8084 x110 or Wedding@stfrancisparish.com

- **Reconciliation**

When: Saturdays, 4-5PM

The Sacrament of Reconciliation is offered twice a month.

Individual Reconciliation is also available by appointment. To schedule an appointment, please call the Parish Office: (916) 443-8084

Communal Reconciliation services are also celebrated in Advent, Lent, and in the Fall.

More Info: Parish Office (916) 443-8084 or Info@stfrancisparish.com

- **Rite of Christian Initiation for Adults (RCIA)**

Prepares adult Inquirers/Catechumens and Candidates/Neophytes to receive the Sacraments of the Church through religious education and faith sharing.

RCIA is a two-year process, which culminates with:

- Baptism/Profession of Faith
- Confirmation
- First Eucharist at the Easter Vigil

and continues with monthly support of new members.

More Info: Sr. Peggy Chambers, OMC, Pastoral Associate
(916) 443-8084 x103 or PeggyC@stfrancisparish.com



Building & Grounds Ministries

- **Church Cleaning Ministry**

When: Saturdays, 7AM

Early every Saturday morning, the members of this ministry perform the loving task of freshening the sanctuary, chapel and sacristy of our parish for the week's coming activities.

More Info: Joe Prassa, Plant Manager
(916) 443-8084 x107 or JoeP@stfrancisparish.com

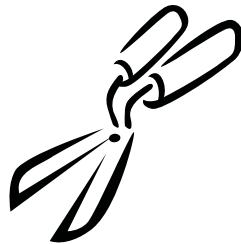


- **Gardening Ministry**

When: Tuesdays and Saturdays, 7AM

Every Tuesday and Saturday morning, the members of this ministry rake, mow, prune, plant, weed and lovingly tend the parish grounds.

More Info: Joe Prassa, Plant Manager
(916) 443-8084 x107 or JoeP@stfrancisparish.com



Faith Formation Ministries

- **Adult Faith Formation Advisory Committee (AFFAC)**

Meets: Monthly

Location: Parish Center

Mission: Research, develop, organize and implement Adult Faith Formation sessions for our parish. We aim to meet people where they are in their faith formation, affirm and form mature Catholics of all ages, and call all to the practice of their belief.

Activities:

- Offer programs in conjunction with liturgical seasons and scripture cycles
- Provide parishioners with booklets for personal reflection during Advent, Lent and Easter
- Invite speakers with special expertise to speak on topics of spiritual concern
- Sponsor annual Summer Film Festival

More Info: Sr. Peggy Chambers, OMC, Pastoral Associate
(916) 443-8084 x103 or PeggyC@stfrancisparish.com

- **Adult Faith Formation: Catechists**

Catechesis is the core of our RCIA program.

Catechists help create a sense of community as they facilitate the weekly breakout sessions with the Catechumens and Candidates. Together, in the presence of the Spirit, the Catechists help the group "Break Open the Word" by reading and discussing the Gospel for that week. Everyone is invited to reflect on the gospel message and how it pertains to our lives.

More Info: Sr. Peggy Chambers, OMC, Pastoral Associate
(916) 443-8084 x103 or PeggyC@stfrancisparish.com

Ministries / Committees (ctd.)

Faith Formation Ministries (ctd.)

- **Children's Faith Formation: Catechists and Aides**

When: Sunday mornings, September to mid-May

Our Catechists and Aides are adults who answer their baptismal call to share and teach our Catholic faith in classes for the faith formation of children from preschool through junior high.

More Info: Georgie Saydak, Director of Children's Faith Formation
(916) 443-8084 x112 or GeorgieS@stfrancisparish.com

- **Library Volunteers**

Library Hours: Thursdays, 12:30-2:30PM
1st Sundays, 8:30-11:30AM

Our Library contains a private collection of 3,000 books, audio and video material for the use of our parishioners. There are materials on bible study, church history, prayer and spirituality, marriage and family, etc.

During library hours, we help people find library items and check them out.

More Info: Pat Pavone, Library Coordinator at Library@stfrancisparish.com



Liturgical Ministries

A variety of people with diverse gifts and skills contribute to the creation, prayerfulness, and beauty of the liturgies here at St. Francis.

Ministry is a vital part of our stewardship commitment of: time, talent, and treasure. Liturgical Ministers are servants of the liturgy and, in all things, serve the gathered assembly.

As a Liturgical Minister, you must...

- be a registered, actively participating member of our parish
- exhibit an attitude of service toward the community
- make a commitment of ONE YEAR as a minister
- be reliable and responsible
- attend annual workshop/day of prayer

In addition, each Ministry has its own additional requirements.

- **Acolyte**

As an Acolyte, you...

- assist the presider during the liturgy
- hold the liturgical books for the presider
- prepare the altar and the sacred vessels at the beginning of the Liturgy of the Eucharist
- serve as a Minister of the Cup during communion

More Info: Deborah Jones, Liturgy Coordinator
(916) 443-8084 x109 or DeborahJ@stfrancisparish.com



Liturgical Ministries (ctd.)

• Bread Baking Ministry

Meets: One Saturday each month, 8AM

Location: Parish Center

As a Member of the Bread Baking Ministry, you...

- are part of an ancient tradition
- help the community to experience Jesus' Real Presence in the Eucharist more richly
- are a member of a small team that bakes one weekend a month
- gather with your team one Saturday morning a month in the Parish Center kitchen to bake the bread for our Eucharistic celebrations that weekend



More Info: contact Deborah Jones, Liturgy Coordinator
(916) 443-8084 x109 or DeborahJ@stfrancisparish.com

• Extraordinary Minister of Holy Communion

When: One Mass a month

As an Extraordinary Minister of Holy Communion, you...

- serve the Eucharistic meal as **Minister of the Bread** or **Minister of the Cup**
- acknowledge, through eye contact and reverent distribution of the Body and Blood of Christ, the presence of Christ in each person you encounter
- are a member of a team that serves the same weekend every month
- are a Sign of our communal pledge to serve one another, which Christ asked of us when he washed the feet of his disciples



More Info: Deborah Jones, Liturgy Coordinator
(916) 443-8084 x109 or DeborahJ@stfrancisparish.com

• Lector

As a Minister of the Word, you...

- are part of a long line of oral tradition whose task it is to arouse a living faith
- lift God's Word from the written page & give it life
- proclaim God's Word to the community with conviction, passion, and transparent faith
- lead the assembly in prayer as you pray the Prayers of the Faithful
- gather with fellow lectors, on the Monday evening before you are scheduled to serve, to break open the Word and to work on the skills necessary to be an effective proclaimer and leader of prayer



More Info: Deborah Jones, Liturgy Coordinator
(916) 443-8084 x109 or DeborahJ@stfrancisparish.com

• Linen Ministry

When: Once a month

As a Member of the Linen Ministry, you...

- serve once a month, washing, drying, and ironing the linens used for our liturgical celebrations
- pick up the linens from the sacristy on Sunday and return them the following weekend
- provide your own cleaning and ironing supplies to accomplish your ministry



More Info: Deborah Jones, Liturgy Coordinator
(916) 443-8084 x109 or DeborahJ@stfrancisparish.com

Ministries / Committees (ctd.)

Liturgical Ministries (ctd.)

• Liturgy Planning Team

As a Member of the Liturgy Preparation Team, you...

- bring your creativity & unique talents to the preparation process
- meet throughout the year as part of various seasonal teams, participating in the planning, creation and implementation of various elements of our liturgies, such as seasonal church environment, Communal Reconciliation services, scripture dramatizations, etc.
- nurture the community's prayer and worship, searching out expressions of our faith that engage the senses and expand the horizons of our worship
- choose the level of your total time commitment and involvement

More Info: Deborah Jones, Liturgy Coordinator
(916) 443-8084 x109 or DeborahJ@stfrancisparish.com



• Music Ministry

As a Music Minister, you...

- serve the community's worship by leading the assembly in sung prayer
- possess competency in the performance of music
- are either:
 - ♦ a member of 5:15PM Saturday Choir
 - ♦ a member of 9:30AM Sunday Choir
 - ♦ an individual cantor at our 7:30AM Sunday liturgy
 - ♦ an individual cantor at our 12:00PM Sunday liturgy
 - ♦ part of the Children's Choir singing at the Children's Liturgy of the Word (CLOW) during the 9:30AM Sunday liturgy

More Info: Br. James Swan, OFM, Music Director
(916) 443-8084 x106 or Music@stfrancisparish.com



• Sacristan

As a Sacristan, you...

- are the first to arrive before the liturgy and
- you unlock the doors, turn on the lights, and
- adjust the heating and cooling
- prepare the liturgical books, the vestments, and other things necessary for the celebration of liturgy
- place the correct amounts of the bread and wine in the sacred vessels
- dress the altar
- gather all the necessary vessels and objects for the worship space and
- place them in their proper place

More Info: Deborah Jones, Liturgy Coordinator
(916) 443-8084 x109 or DeborahJ@stfrancisparish.com



• Sacred Movement Ministry

Meets: Wednesdays, 7:15PM
Location: Church

- As a Member of Sacred Movement Ministry, you...
- create movement and dance that will enhance the community's prayer and worship
 - are visual prayer
 - inspire and motivate the community to participate more fully in WHOLE body prayer
 - faithfully attend all rehearsals prior to a worship performance

More Info: Pam Caballero, Office Assistant
(916) 443-8084 x105 or PamelaC@stfrancisparish.com



Liturgical Ministries (ctd.)

• Sound & Light Ministry

As a Minister of Sound & Lighting, you...

- set up all sound equipment used in the liturgy
- set up the chairs, music stands, and lights for the music ministers
- get out the wireless microphones for those who will need them, checking and replacing batteries as needed
- take down and put away all equipment after the liturgy

More Info: Deborah Jones, Liturgy Coordinator
(916) 443-8084 x109 or DeborahJ@stfrancisparish.com



• Usher / Greeter

As a Minister of Hospitality or Usher/Greeter, you...

- create and maintain a climate of hospitality
- convey a warm welcome and sense of community and belonging to each person you encounter,
- convey a spirit of reverence for God's House and God's People
- are the custodian of the church doors and windows
- distribute songsheets and bulletins
- assist with taking up the collection
- seat people and provide needed assistance
- ready the church for the next liturgy
- are part of the worshipping community and model attentive participation

More Info: Deborah Jones, Liturgy Coordinator
(916) 443-8084 x109 or DeborahJ@stfrancisparish.com



Outreach Ministries

• Breakfast Ministry to the Homeless

When: One morning each week

On a daily basis, members of this ministry offer ear morning coffee, food and fellowship to our homele guests who sleep in the Parish Center Courtyard.

The Ministry depends on those who actually serve the guests each morning, as well as on food donations from the rest of the parish. New volunteers are always welcome, as are donations of cereal, individual juice boxes, granola bars, peanut butter or cheese crackers. Donations can be dropped off at the Parish Center M-F, 9AM-5PM or in the carts provided at mass on the first weekend of every month.

More Info: Kay Skonieczny, Director of Outreach
(916) 443-8084 x111 or KayS@stfrancisparish.com



• Communion Visitation Ministry

Members of our Communion Visitation Ministry bring Communion to those who are homebound.

More Info: Kay Skonieczny, Director of Outreach
(916) 443-8084 x111 or KayS@stfrancisparish.com



Ministries / Committees (ctd.)

Outreach Ministries (ctd.)

• **Funeral Planning Ministry**

Members of this ministry provide assistance in planning:

- Funerals
- Memorial Services
- Rosaries and Vigils

that reflect the rich liturgical tradition of the parish.

We help parishioners and their families select appropriate scriptural readings, prayers and music that have special significance for them. During this challenging time, we also arrange for musicians and vocalists, work with funeral homes and cemeteries, and provide support to the family and friends of those who have died.

More Info: Kay Skonieczny, Director of Outreach
(916) 443-8084 x111 or KayS@stfrancisparish.com

• **Outreach Ministry to Gays & Lesbians**

This ministry provides Welcome, Support and opportunities for those in the community who are gay or lesbian to share faith, friendship and spiritual development.

More Info: Kay Skonieczny, Director of Outreach
(916) 443-8084 x111 or KayS@stfrancisparish.com



• **Healing Prayer Ministry**

When: After Saturday or Sunday Mass

Are you being called to pray with and for your fellow parishioners? God does the Listening, Loving and Healing — all we do is say “yes” to being God’s instrument.

Members of this ministry make themselves available for a few minutes after Mass to pray with and for fellow parishioners. Prayers are said with the Lord and under the seal of confidentiality.

More Info: Kay Skonieczny, Director of Outreach
(916) 443-8084 x111 or KayS@stfrancisparish.com



• **Loaves & Fishes Team**

Meets: 3rd Sundays, 10:15AM-1:30PM

Our team from St. Francis serves lunch to the homeless at the Loaves & Fishes Dining Room.

Volunteers must be 14 years or older.

More Info: Kay Skonieczny, Director of Outreach
(916) 443-8084 x111 or KayS@stfrancisparish.com



Outreach Ministries (ctd.)

- **Peace & Justice Committee**

Meets: 3rd Tuesday, 7-9PM (except July & August)
Location: Parish Center Dining Room

As members of St. Francis Parish, we embrace the parish mission, aspiring to be witnesses and prophets advocating for justice in the world. We work to foster a Franciscan awareness of and response to issues of peace, human dignity, and integrity of creation through education and advocacy.



We nonviolently challenge ourselves and others to act justly, love tenderly, and walk humbly with God.

More Info: Kay Skonieczny, Director of Outreach
(916) 443-8084 x111 or KayS@stfrancisparish.com

- **Step Ministry to the Homeless**

When: One day each week, 6-7:30PM
Location: Parish Center Courtyard

Members of this ministry serve as a welcoming presence for homeless men and women. We provide our guests with a safe, peaceful, and private place to receive rest in a loving and accepting atmosphere.



More Info: Kay Skonieczny, Director of Outreach
(916) 443-8084 x111 or KayS@stfrancisparish.com

- **Sunday Coffee & Donut Ministry**

When: One Sunday each month, After 9:30AM Mass
Location: Brunsman Hall

Do you enjoy coffee and donuts after 9:30AM Mass? You'll enjoy it even more if you are serving! It's a great opportunity to get to know people in our parish community.



Please consider offering your help to continue this ministry of fellowship and friendship.

More Info: Kay Skonieczny, Director of Outreach
(916) 443-8084 x111 or KayS@stfrancisparish.com

Ministries / Committees (ctd.)

Parish Council Committees

- **2008 Centennial Celebration Committee**

Meets: 4th Wednesdays, 7-9PM
Location: Parish Center Library

This committee is currently:

- Compiling a history of Saint Francis of Assisi Parish Church
- Planning events and projects
- Planning building improvements to coincide with the Centennial celebration of the present church building

Help will be needed with implementation.

More Info: Kay Skonieczny, Director of Outreach
(916) 443-8084 x111 or KayS@stfrancisparish.com

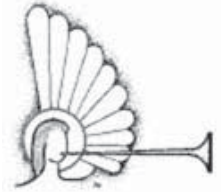
- **Building and Grounds Committee**

Provides loving hands for the upkeep and maintenance of St. Francis of Assisi Church and Parish Center grounds. Organizes parish events to perform repairs and clean-up chores around the parish, such as: "Parish Makeover" and "Parish Fix-Up Day".

More Info: Joe Prassa, Plant Manager
(916) 443-8084 x107 JoeP@stfrancisparish.com

- **Communications Committee**

Enjoy web design? Like to write? Excited by desktop publishing? Passionate for photography? We need you to help promote parish activities/events and inform others about our parish.



Join a small group of creative folks who bring you our parish "Mass Appeal" newsletter, manage our parish website, and provide oversight/input to the parish Bulletin, Annual Report and other parish publications.

More Info: Fran Anderson, Assistant to the Pastor
(916) 443-8084 x102 or FranA@stfrancisparish.com

- **Election Committee**

Each year a member of the Parish Council chairs this committee to organize the annual election of Parish Council members.

More Info: ParishCouncil@stfrancisparish.com

- **Parish Picnic Committee**

Each year a member of the Parish Council leads this committee to organize the annual parish picnic event.

Help is always needed for: setup, serving, cleanup, bingo, children's games, prizes, etc.



More Info: ParishCouncil@stfrancisparish.com

Parish Council Committees (ctd.)

- **St. Francis Parish 101 Committee**

This committee is currently undergoing formation. It will meet quarterly to plan and support the orientation of new members.

The Committee will advise the Parish Membership Coordinator and volunteers on the materials needed for orientation and will coordinate the St. Francis Parish 101 (SFP101) gatherings.

Activities:

- SFP101 gatherings (3 times per year)
- Coordination with Membership Coordinator
- Outreach to new parish members

More Info: Barbara Bucher, Membership Coordinator
(916) 443-8084 x210 or Membership@stfrancisparish.com

Sacramental Preparation Ministries

- **Infant Baptism Ministry**

Assists parents and families in preparation for the Rite of Baptism by guiding them through the communal Baptism liturgy, which occurs during weekend Masses four times per year.



More Info: Carol Spinella, Infant Baptism Coordinator
(916) 443-8084 x275 or InfantBaptism@stfrancisparish.com

- **CIC Team**

Our team prepares children between the ages of 7 and 16, who are not yet baptized, to receive the Sacraments of Initiation. We provide the children and their families weekly catechesis, companionship and support.

More Info: Georgie Saydak, Director of Children's Faith Formation
(916) 443-8084 x112 or GeorgieS@stfrancisparish.com

- **RCIA Team**

Prepare Inquirers/Catechumens and Candidates/Neophytes to receive the Sacraments of the Church through religious education and faith sharing.

More Info: Sr. Peggy Chambers, OMC, Pastoral Associate
(916) 443-8084 x103 or PeggyC@stfrancisparish.com

Ministries / Committees (ctd.)

Sacramental Preparation Ministries (ctd.)

- **Wedding Ministry**

Members of our Wedding Ministry meet with couples before their wedding to help in the planning of the ceremony.

We attend the rehearsals and walk the couples through the ceremony.
We attend the weddings and help the clergy and the couples to ensure a memorable experience.

More Info: Mary Brown, Wedding Coordinator
(916) 443-8084 x110 or Wedding@stfrancisparish.com