



St. Francis of Assisi Parish

February 8, 2009

Fifth Sunday in Ordinary Time

Good Morning, Good People!

Today we will be administering the Sacrament of the Anointing of the Sick. This Sacrament is an extension of and encounter with the healing Jesus that we will hear about in Mark's Gospel. Healing is a major theme in Jesus' ministry, which shows that God wants us whole and well. (As one of our parishioners discovered, 66% of Jesus' miracles involve healing.)

The Sacrament of the Sick allows for people who have a serious illness to call upon the healing power of the Risen Christ. This weekend during Mass, please come forward for this Sacrament if you have a serious illness, a chronic physical, emotional or mental illness, a scheduled surgery, or if you are advanced in years. Examples would be, but are not limited to: cancer in any form, chemotherapy, chronic depression, a bi-polar condition, an upcoming biopsy, an addiction, or, simply, old age. We are celebrating this sacrament at the Eucharist, because the community prays and supports one another in all the aspects of their lives.

In the past, this sacrament was called Extreme Unction, the final anointing before a person passed from this life to eternal life. The focus of the sacrament prior to Vatican II was on the forgiveness granted in the sacrament. The actual pastoral practice of the sacrament was to wait until there was no hope for a person's recovery, call the priest who would administer the sacrament; the person would be forgiven, pass away and be with God forever.



The bishops of Vatican II correctly restored the balance between the healing and forgiveness aspects of the sacrament, which were so eloquently stated by the Apostle James in the New Testament. (See James 5:13-15.) This restoration of the healing aspect of the sacrament allows each and every member of the faithful to call upon the healing power of Jesus when we have a medical condition that requires the assistance of medical professionals, an ongoing physical, emotional or mental condition, and the advancement of years.

Please do not hesitate to call the parish center and arrange to be anointed if you are dealing with a major medical issue. We will arrange a time for the anointing so that you can fully and consciously participate and be assured of the Church's prayers.

Also, do not hesitate to call in the event of an emergency during or after Parish Center hours. The receptionist knows what information is necessary and will contact a priest immediately. After hours, the answering machine will automatically forward your call to a priest. Please leave your name and phone number clearly.

We believe that God wants the best for us, and that includes our physical, emotional and spiritual welfare. The Anointing of the Sick allows us the opportunity to be healed by the power of the living Christ.

Peace and blessings,

Fr. Anthony

WEEKEND MASSES

Saturday Vigil 5:15 pm
Sunday 7:30 am, 9:30 am, Noon

WEEKDAY MASSES

(in St. Clare Chapel)
12:10 pm

RECONCILIATION

Saturdays 4:00-5:00 pm*
or by appointment

WEEK AT A GLANCE

SUN	FEB 8		
11:10am	1st Eucharist Parent Meeting	Parish Center	
1:15pm	St. Francis Parish 101	Brunzman Hall	
3:00pm	Interfaith Committee Meeting	Parish Center	
MON	FEB 9		
8:10am	School Prayer Service	Church	
6:00pm	Contemplative Prayer	PC Chapel	
6:30pm	RCIA Inquiry	Parish Center	
7:00pm	Grief, Gratitude & Grace	St. Clare Chapel	
7:00pm	Lectors	Church	
7:00pm	Caregiver Support Group	Parish Center I	
TUE	FEB 10		
1:00pm	Contemplative Prayer	St. Clare Chapel	
7:00pm	Parish Council Meeting	Brunzman Hall	
7:00pm	Conscious Living for Men	Assisi Room	
WED	FEB 11		
6:00pm	Taizé Prayer	Church	
THU	FEB 12		
9:00am	School Mass	Church	
12:30-2:30pm	Library Hours	Library	
5:30pm	School Advisory Commission	Assisi Room	
6:30pm	RCIA	Brunzman Hall	
FRI	FEB 13		
SAT	FEB 14		
7:00am	Church Cleaning Ministry	Church	
8:00am	Bread Baking Ministry	PC Kitchen	
9:00am	Tai Chi	St. Clare Chapel	
SUN	FEB 15		
8:30am-Noon	Healing Prayer	Parish Center	
8:30am-11:30am	Library Hours	Library	
1:30pm	Secular Franciscans/SJB	Assisi Room	

READINGS FOR THE WEEK

MONDAY:	Gn 1:1-19; Mk 6:53-56
TUESDAY:	Gn 1:20 — 2:4a; Mk 7:1-13
WEDNESDAY:	Gn 2:4b-9, 15-17; Mk 7:14-23
THURSDAY:	Gn 2:18-25; Mk 7:24-30
FRIDAY:	Gn 3:1-8; Mk 7:31-37
SATURDAY:	Gn 3:9-24; Mk 8:1-10
SUNDAY:	Lv 13:1-2, 44-46; Ps 32; I Cor 10:31 — 11:1; Mk 1:40-45



THIS WEEKEND



HEART BEAT
DINNER, DANCING & FUN!
RESERVE YOUR SPACE TODAY!
AFTER ALL MASSES THIS WEEKEND

Been planning to make your reservation but haven't gotten around to it? Stop by the table after Mass today. See last page for details.



PARENT MEETING REMINDER
THIS SUNDAY, FEB 8
11:10AM • PARISH CENTER CHAPEL

There will be a First Eucharist Parent Meeting in the Parish Center Chapel on [Sunday, Feb 8, at 11:10am](#) for all parents of children preparing for First Communion in May 2009.

SFP 101

GET TO KNOW US!
THIS SUNDAY, FEB 8
AFTER NOON MASS
IN BRUNSMAN HALL



NEW TO OUR PARISH? Just registered? Been here awhile and looking to get more involved? You're **all** invited to St. Francis Parish 101!

Come and get to know parish staff and volunteers, learn about parish programs and ministries, and enjoy refreshments provided by our wonderful volunteers.

Sponsored by Fr. Anthony and the Welcoming Committee of the Parish Council.



ECUMENICAL & INTERRELIGIOUS COMMITTEE
THIS SUNDAY, FEB 8
3:00-6:00PM
PARISH CENTER

Want to learn more about the beliefs, customs, and practices of different religions? To reach out to our parish community and to form relationships with other faith communities? Please join us! More info: John (482-6976).

A BLESSING FOR HEALING

A BLESSING for HEALING

May the blessing of healing be upon us,
healing of mind, body, and spirit.

May the blessing of wholeness be upon us,
wholeness where there is division,
wholeness where there is brokenness.

May the blessing of freedom be upon us,
freedom from fear,
freedom from torment.

May the blessing of God's grace be upon us,
grace to be compassion,
grace to accept compassion.

And may the blessing of peace be upon us,
peace in our thoughts,
peace in our words,
peace in our actions.

We pray
in the name of the One
who created us in love,
the One who walked among us healing,
and the One who calls us
to abundant life.

AMEN.

WE WELCOME NEW PARISHIONERS



Tomasz and Lyndsay Antlowiak

Lara and Harvey Dunbar

Johnathan and Bonnie Edwards

Maria Hermsillo

Monica Markel

Elizabeth F. Petzold

Melissa Ramel and Alan Ilusorio

QUESTION OF THE WEEK



How has sharing a suffering in your life helped you move toward healing?

THIS WEEK



GRIEF, GRATITUDE & GRACE

MONDAYS IN FEBRUARY

7:00-9:00PM • ST. CLARE'S CHAPEL

Starting this Monday, our 4-week series provides an opportunity for those who have experienced the death of a loved one to join with others in a loving, healing environment to share their stories and experience. Each evening also includes information on coping with grief, the tasks and characteristics of grief, reading lists, ritual and prayer. To reserve a space for the series or to seek individual assistance for the grieving process: Kay (443-8084 x111).



CAREGIVERS SUPPORT GROUP

MONDAY, FEB 9 • 7:00PM

PARISH CENTER • PARLOR I

Are you caring for an elderly parent or a seriously/terminally ill relative or friend and would like to meet with others for mutual sharing and support? Please join us! More info: Deacon Mike Iredale (508-2781).

PARISH COUNCIL MEETING

TUESDAY, FEB 10
7-9:00PM

BRUNSMAN HALL



All are invited to participate!



CONSCIOUS LIVING FOR MEN

TUESDAY, FEB 10
7-9:00PM • ASSISI ROOM

Men of all ages: Share in a supportive fellowship that seeks a deeper understanding and appreciation of our life's journey. More info: (419-1096).

ST. FRANCIS ELEMENTARY

CHILDREN'S FAITH FORMATION



HOLIDAY NEXT WEEKEND

Next Sunday, Feb 15, part of the three-day Presidents' Day holiday weekend, is a holiday from all children's ministries at the Parish – faith formation classes, CLOW, and Nursery. All ministries will resume on Sunday, Feb 22.



CHILDREN'S LITURGY OF THE WORD (CLOW)

Children are invited to participate in Children's Liturgy of the Word (CLOW) during 9:30am Mass. Parents are welcome to accompany their children to the Parish Center Chapel during the Liturgy of the Word and return with them for the Liturgy of the Eucharist. *No registration fee.*

NURSERY

Children ages 1- 4 years are welcome to attend the "Little Lambs" nursery program, which is staffed by volunteer teens and parents during the 9:30am Mass in the Assisi Room in Brunsmann Hall.

CHILDREN WITH SPECIAL NEEDS WELCOME

We welcome and are committed to providing religious education and Sacramental Preparation for children with disabilities.

Children's Faith Formation contact: Georgie Saydak
(443-8084 x112 or GeorgieS@stfrancisparish.com)



WEEKLY PRAYER SERVICE

Please join us for our weekly prayer service this **Monday** at 8:10am in the church..

REGISTRATION FOR 2009-2010

St. Francis of Assisi Elementary School registration for **NEW** students for transitional kindergarten-8th grade for the 2009-2010 school year will take place **through February 13**. More info: stfranciselem.org or call the school office (442-5494).

FRIARY REWIRING UPDATE



A St. Francis parishioner who is also an electrical engineer has volunteered his time and expertise, inspected the friary and determined that we do have 400 amps coming in, though from several sources. Before proceeding with repairs, we will have a complete

engineering assessment made and an electrical "blueprint" of the friary drawn– which has never been done. This will give a complete picture of where we stand, as well as of what specifically needs repair, modification or improvement of capacity.

The cost of this project will still be substantial, so thank you to all who have contributed so far. Your donations now total **over \$25,000!** If you would like to make a contribution, please use one of the yellow envelopes available in your pew labeled "Friary Rewiring." Your parish and friar communities thank you for your generosity and concern!

ST. FRANCIS WELCOMES YOU!

WHO ARE YOU?

Are you new, or a guest here today?
Do you worship here, yet hesitate to get further involved in parish life?
Are you a regular here, full of enthusiasm for your parish?
Have you been away from the church for awhile, and are dipping a toe into the waters of return?
Have you traveled a long distance to get here today?



Whatever your situation, you belong to us because you belong to Christ. Christ is the host here today. Christ sets the table, and Christ welcomes all!

YOUR PRAYERS ARE REQUESTED

for THOSE WHO ARE ILL

Gary Cecchettini

for THOSE CALLED TO ETERNAL LIFE

Charlotte Camarata • Julie Zanolio

for THOSE SERVING IN THE ARMED FORCES

Prayer Request contact: Kay Skonieczny
(443-8084 x111/ KayS@stfrancisparish.com).



ANNOUNCING

MASS TIME CHANGE
SATURDAY, FEB 21 ONLY
MASS AT 4:00PM
(RECONCILIATION AT 3:00PM)



Mass and Reconciliation times are changed only for Saturday, Feb 21, so that all can attend the Dinner Dance at 5:00pm!



HELP TO WELCOME NEW PARISHIONERS!

WOULD YOU BE WILLING to contact newly registered members of our parish and share your enthusiasm for St. Francis? Or prepare a dish to share and help us welcome newcomers at St. Francis Parish 101, our new parishioner orientations? We can use your help with this rewarding ministry of welcome. More info or to volunteer: Barbara Bucher, Membership Coordinator (916-443-8084 x101) or membership@stfrancisparish.com.



GET READY FOR OUR LENTEN RETREAT!

Fr. Joe Nangle, OFM will lead our parish retreat in March (16-19). The St. Francis Merton Circle invites you to read and discuss his latest book, *Engaged Spirituality*, before the retreat. More info: John or Barbara (482-6976).

HARVEST URBAN CITRUS

Would you like to harvest urban citrus for distribution to the needy? Join a group of volunteers organizing to harvest urban citrus that goes to waste and donate it to the Sacramento Food Bank. Interested? Contact Mary McGrath (storytellermcgrath@yahoo.com or 447-3557).



ENGAGE

One day workshop with Fr. Louis Vitale, OFM on February 21, 9am-5pm at First Congregational Church in Oakland. Cost: \$50, (scholarships may be available). Engage provides tools for individuals and groups to take action for justice, democracy, peace, sustainability and equality. More info: (510-268-8765 or info@paceebene.org).

CATHOLIC AIDS MINISTRY BENEFIT

Sunday, Feb 8, 3:00pm at St. Anthoy Parish hall. Irish, Scottish and Romanian Dancers, live music and vocal performances. Raffle. Suggested donation at the door: \$10. Children free. More info: Fr. John Healy (456-7561) Helen Healey (444-8051).

RECENTLY SEPARATED, DIVORCED OR WIDOWED?

Men and women of all faiths who are now alone due to death, divorce or separation are invited to attend. the Beginning Experience Weekend., which offers you support and encouragement to make a new beginning, putting the painful past behind you and looking with renewed hope toward a fulfilling future. Friday-Sunday, Feb 20-22, at Our Lady of the Oaks Retreat near Applegate. More info: (835-2282 or www.sacramentobe.org).

WOMEN'S LEADERSHIP IN THE CHURCH

Tuesday, Feb 24, 7:00pm at the Diocesan Pastoral Center. Presenter, Elsa Tamez from Costa Rica.

JUBILEE YEAR OF ST. PAUL



I CORINTHIANS 9:16-19, 22-23

This week we skip from chapter 7 to chapter 9 of Paul's first letter to the Christians in Corinth, and immediately we notice that instead of exhorting his readers, Paul is on the defensive.

Apparently some people were questioning Paul's legitimacy as an apostle.

In Paul's day, true apostles had the right to earn their living from preaching; however, Paul doesn't charge for his services, but supports himself as a tentmaker. Paul tells us that he doesn't have a choice whether to proclaim the gospel or not—that, as with Jeremiah, God's word has become a fire in his bones, and he must speak! Paul goes on to say that he will do whatever he believes is best for the people whom he serves: charge them or not charge them, become weak or become strong—not simply appear weak, but become weak, to empty himself as Jesus did, in order to reach everyone.

In what ways have you been good news for those who are weak in faith or in hope?

FINANCE AT-A-GLANCE

COLLECTION	Jan 31/Feb 1	\$9,456
DIRECT DEPOSIT*	February	\$6,432
YEAR-TO-DATE	July 01-June 30	\$390,954
BUILDING FUND	Feb 1-28	\$2,496
FRIARY REWIRING	To Date	\$25,223
STEP MINISTRY	Feb 1-28	\$1,884
TAIZÉ PRAYER	Feb 1-28	\$54
FRANCIS HOUSE	Feb 1-28	\$1,348
ST. FRANCIS ELEMENTARY		\$168

*\$382 Building Fund; \$390 Step Ministry; \$30 Taizé

CONVENIENT WAYS TO GIVE TO ST. FRANCIS

Direct deposit: Enrollment forms are available online at www.stfrancisparish.com, in the church literature racks, & at the parish center). **Donations may also be made to the Building Fund, Step Ministry or other parish programs using direct deposit.**

Personalized offering envelopes: To request envelopes, contact Barbara Bucher, Membership Coordinator (443-8084 x101 or Membership@stfrancisparish.com).

PARISH INFORMATION

ST. FRANCIS PARISH CENTER OFFICES: 1066 26th Street, Sacramento, CA 95816 • **PHONE:** 916.443.8084
FAX: 916.443.7356 • **WEBSITE:** www.stfrancisparish.com • **OFFICE HOURS:** MON-FRI, 9AM-5PM

ST. FRANCIS ELEMENTARY SCHOOL: 2500 K Street, Sacramento, CA 95816 • **PHONE:** 916.442.5494
WEBSITE: www.stfranciselem.org • **OFFICE HOURS:** MON-THUR, 8AM-4PM • **PRINCIPAL:** Mrs. Laurie Power

PASTOR	Anthony M. Garibaldi, ofm	AnthonyG@stfrancisparish.com	x115
PASTORAL ASSOCIATE	Peggy Chambers, omc	PeggyC@stfrancisparish.com	x103
LITURGY COORDINATOR	Deborah Jones	DeborahJ@stfrancisparish.com	x110
DIRECTOR OF OUTREACH	Kay Skonieczny	KayS@stfrancisparish.com	x111
DIRECTOR OF YOUTH FAITH FORMATION	Georgie Saydak	GeorgieS@stfrancisparish.com	x112
MUSIC DIRECTOR	James Swan, ofm	JamesS@stfrancisparish.com	x106
PARISH ADMINISTRATIVE ASSISTANT	Fran Anderson	FranA@stfrancisparish.com	x102
PLANT MANAGER	Joe Prassa	JoeP@stfrancisparish.com	x107
BOOKKEEPER	Jacque Embs	JEmbs@stfrancisparish.com	x104
RECEPTIONIST	Virginia Milton		
OFFICE ASSISTANT	Pamela Caballero	PamelaC@stfrancisparish.com	x105
INFANT BAPTISM COORDINATOR	Carol Spinella	InfantBaptism@stfrancisparish.com	x114
LIBRARY COORDINATOR	Pat Pavone	Library@stfrancisparish.com	
MEMBERSHIP COORDINATOR	Barbara Bucher	Membership@stfrancisparish.com	x101
PARISH COUNCIL	Richard Hernandez, Chair	ParishCouncil@stfrancisparish.com	
RCIA CONTACT	Mary Kuvakos	RCIA@stfrancisparish.com	
WEDDING COORDINATOR	Mary Brown	Wedding@stfrancisparish.com	x113
IN RESIDENCE AT THE FRIARY:	Larry Dunphy, ofm • Franklin Fong, ofm • Anthony M. Garibaldi, ofm James Swan, ofm • Charles Talley, ofm		

PARISH REGISTRATION & CONTACT INFO UPDATE FORM

NAME 1: _____ **NAME 2:** _____
(Last Name, First Name) (Last Name, First Name)

ADDRESS: _____
(Street Address) (City, State) (Zip Code)

HOME PHONE: () _____ **WORK PHONE 1:** () _____ **WORK PHONE 2:** () _____

CELL PHONE: () _____ **E-MAIL (h):** _____ **E-MAIL (w):** _____

Please place this form in the **collection basket** or

• **MAIL it:** 1066 26th St., Sacramento CA 95816

• **FAX it:** 916-443-7356

• **REGISTER ONLINE:**

www.stfrancisparish.com/membership.htm

CHILDREN'S NAMES	M/F	DATE OF BIRTH	GRADE
------------------	-----	---------------	-------

Please use this form to **let us know if your information has changed.** Thanks!

DON'T MISS IT!

HEART BEAT!

A Centennial Celebration of Life & Love

FEBRUARY 21 • 5-11:00PM

AT THE DANTE CLUB



- We'll dine and dance and celebrate our community and one another.
- Dancing fun for everyone: mixers, circle dance, conga lines.
- No partner needed, but all partners and friends are welcome.

This star-studded evening will feature:
YOU and...

- St. Francis staff dance team led by Fr. Anthony
- Broadway Medley by Br. James Swan
- Singing Surprise by dynamic duo Deborah Jones and Br. James
- Hot guitar by Joe Prassa and friends
- A professional DJ
- Silent and live auction: *Dinner with the friars anyone?*

– REGISTRATION DEADLINE: FEB 17 –

- ➔ Reservations can be made online at www.stfrancisparish.com
- ➔ Tables for 10 can be reserved; otherwise open seating.

\$50 per person

Profits benefit the Step Ministry.

The Step Ministry is our outreach program to the homeless, providing safe overnight accommodations and breakfast seven days a week, 365 days a year.

More info: Kay
(443-8084 x111 or kays@stfrancisparish.com).

“Heart Beat” Reservation Form

Mail with Check, Money Order, or Credit Card Info to: **“Heart Beat,” St. Francis of Assisi Parish, 1066 26th St., Sacramento, CA 95816**
(or place in collection basket)

Name: _____

(Please Print)

Address: _____ City: _____ State: _____ Zip: _____

Email: _____ Daytime phone: _____ Evening phone: _____

Quantity: _____ x **\$50.00/person** = \$ _____

Method of Payment (check one):

Check or Money Order enclosed (Make payable to [St. Francis of Assisi Parish](#))

Credit Card (circle one): VISA MasterCard Discover American Express

Credit Card No: _____ Expiration Date: _____ Security Code: _____
(3 or 4 digit number on back of card)

Name on Card: _____ Signature: _____ Date: _____
(Please Print)

Billing Address: _____ City: _____ State: _____ Zip: _____
(if different from above)